



St. Mary's Church of England Primary and Nursery Academy Handsworth

ਸੇਂਟ ਮਾਰੀ'ਸ ਚਰਚ ਓਫ ਇੰਗਲੈਂਡ ਪ੍ਰਿਮਰੀ ਏਂਡ
ਨਰਸਰੀ ਅਕਾਦਮੀ ਹੈਂਡਸਵਰਥ

پرائمری اور نرسری اکیڈمی کے سینٹر
میریئر چرچ انگلینڈ کے

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Headteacher: Mrs. Ava Sturridge-Packer C.B.E



29 November 2013

Newsletter No 12



Dear Parents/Carers

Thought for the Week

*'Show yourself in all respects to be a model of good works,
and in your teaching show integrity and dignity'*

Titus 2:7

Class 4J Assembly

Well done to all the children in 4J for working so hard for this morning's assembly and making us all very proud. Thank you to Mrs Jagpal, and all the other staff who helped for all their hard work. It was so nice to see so many parents/carers come and support the children.

Celebration Assembly

The following children will receive certificates for good work and behaviour in the Celebration Assembly on Monday 2 December 2013. All Parents/Carers are welcome to attend and stay for coffee afterwards. If Parents/Carers do attend could I please ask them to stay until Celebration Assembly finishes. This demonstrates to all the children that the entire celebration assembly is valued by Parents/ Carers. Thank you for your support.

Weekly Certificates

Simrita Panesar Nursery For being able to sort in different ways	Abdullah Ahmad RW For fantastic progress in Literacy	Arnav Balli RB For creating a beautiful advent wreath
Maya Kaur 1C For lovely positional language and direction work	Las Ali 1/2L For demonstrating excellent hockey skills in PE	Cimorah-Lei Gordon 2S For working more independently in all subject areas
Madhvi Bangay 3B For always working hard and trying her best	Taujney Harrington-Alcide 3/4SS For working extremely hard to write a character description	Whole Class 4J For working exceptionally hard to produce a fantastic assembly
Aliyah Malik 5W For speaking clearly and confidently in reading her news report	Rachel Ewins 5/6B For having a determined attitude towards her Maths week	Gazaala Nazir 6S For great Literacy work

Lining Up	1C
Spick and Span	3/4SS
Movement Bird	4J
Attendance	5W
Dinner Time	Yummy Bear goes to 6S Runners up - 4J

Kind and Thoughtful Person

The following children will receive the 'Kind and Thoughtful' certificate and care of a cuddly dog. The award will be presented in Celebration Assembly on Monday 2 December 2013. The lucky children will also have fruit and milk with Mrs Packer in her office.



KS1	KS2
<p>Akash Singh For looking after a child who had hurt themselves</p>	<p>Miya Quailey For helping another child and looking after him when he fell over</p>



Christmas Dates for your Diary

Event	Date	Time
Christmas Nativity	Thursday 12 December 2013	2:00pm
Christmas Choir Concert	Tuesday 17 December 2013	6:00pm
Key Stage 1 Christmas Party	Tuesday 17 December 2013	1:30pm
Key Stage 2 Party	Wednesday 18 December 2013	1:30pm
Christmas Church Service	Thursday 19 December 2013	11:00am

Christingle at the Cathedral

Birmingham Cathedral (St Philip's on Colmore Row) invites adults and children of all ages to enjoy the beautiful atmosphere of the traditional 'Christingle', including oranges and sweets on Saturday 14 December at 3:30pm. All are welcome.

School Meals

Attached is a sample of school meals served in school. These are on a four week cycle. School meals are sometimes rotated within the four week cycle.

Attendance and Punctuality

Please support us in continuing to improve our attendance and punctuality by encouraging your children to come to school and be on time every day.

Term Dates

Christmas Holiday	Children break up on Thursday 19 December 2013 and return on Tuesday 7 January 2014
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Have a lovely weekend.

Yours sincerely

Ava Sturridge - Packer

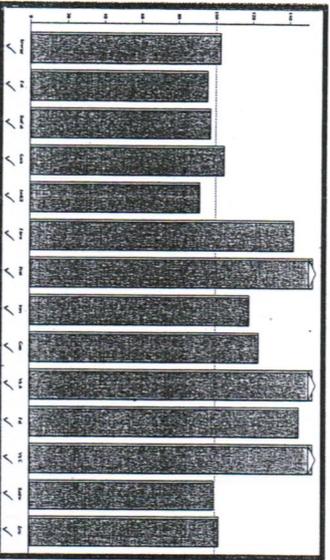
Mrs Ava Sturridge-Packer CBE
Executive Head Teacher
National Leader of Education

my munch

St Mary's Primary



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fillet with Gravy Salmon Starter Cheese Roll	Cheese and Tomato Pizza Lamb Curry	Roast Turkey with Gravy Lemon Sole Cheese and Potato Pie	Lamb Bolognese Salmon Grill Vegetable Spring Roll	Chicken Curry Fish Fingers Cheese and Vegetable Bake
Creamed Potatoes Boiled Potatoes	Chips Rice	Roast Potatoes Creamed Potatoes	Parsley Potatoes Pasta Twists	Rice Creamed Potatoes
Cauliflower Carrots	Baked Beans Sweetcorn	Cabbage Carrots	Broccoli Cauliflower	Sweetcorn Peas
Shortbread with Custard Yoghurt	Chocolate Crunch with Custard Yoghurt	Fruit Sponge With Custard Yoghurt	Muffin Yoghurt	Apple Crumble with Custard Yoghurt
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection



Additional Menu Options Available Daily
 Salad selection is available as an alternative to vegetables;
 Fresh Drinking Water available daily
 Chunky Bread available daily

Week 1



This menu has been approved by a qualified Nutritionist as reflecting the requirements of current Government Guidelines.

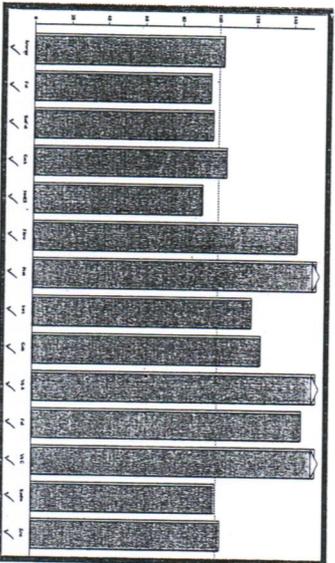


my munch

St Mary's Primary



Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Burger Fish Fiesta Cheese and Potato Pie	Cheese and Tomato Pizza Fish Fingers	Chicken Curry Oven Baked Fish Vegetable Bake	Roast Chicken Fillet with Gravy Tuna Pasta Bake Cheese Roll	Sausages Fish Fingers Vegetable Pasta Bake
Boiled Potatoes Creamed Potatoes	Chips Creamed Potatoes	Roast Potatoes Rice	Parsley Potatoes Creamed Potatoes	Pasta Twists Boiled Potatoes
Broccoli Sweetcorn	Baked Beans Peas	Cabbage Carrots	Cauliflower Sweetcorn	Baked Beans Carrots
Cookies with Apple Cuplet Yoghurt Fresh Fruit Selection	Ginger Sponge with Custard Yoghurt Fresh Fruit Selection	Chocolate Cracknell with Custard Yoghurt Fresh Fruit Selection	Orange Sponge with Custard Yoghurt Fresh Fruit Selection	Carrot Muffins Yoghurt Fresh Fruit Selection



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Week 2



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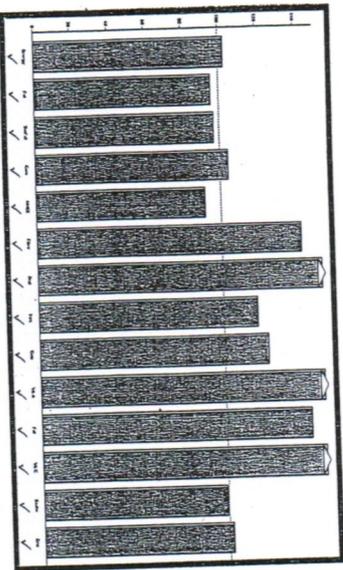


my munch

St Mary's Primary



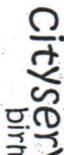
Monday	Tuesday	Wednesday	Thursday	Friday
Gammon Steak Baked Fish Cheese and Potato Pie	Cheese and Tomato Pizza Fish Fingers	Roast Turkey with Gravy Lemon Sole Fillet Cheese Roll	Chicken Curry Baked Fish Vegetable Curry	Minced Lamb with Yorkshire Pudding Fish Fiesta Vegetable Bake
Pasta Twists Boiled Potatoes	Chips Creamed Potatoes	Roast Potatoes Creamed Potatoes	Rice Boiled Potatoes	Parsley Potatoes Pasta Twists
Green Beans Carrots	Baked Beans Carrots	Cauliflower Mixed Vegetables	Cabbage Sweetcorn	Broccoli Carrots
Flapjack with Custard Yoghurt	Orange Sponge with Custard Yoghurt	Shortbread With Custard Yoghurt	Carrot Muffin with Orange Cuplet Yoghurt	Fruit Crumble with Custard Yoghurt
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection



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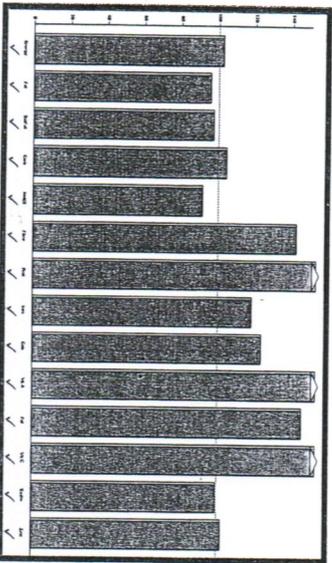
Week

my munch

St Mary's Primary



Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Burger Haddock grill Macaroni Cheese	Cheese and Tomato Pizza Chicken Curry	Roast Lamb with Gravy Fish Fingers Cauliflower and Courgette Bake	Gammon Steak Tuna Pasta Bake Cheese Roll	Grilled Sausages Lemon Fish Sole Vegetable Spring Roll
Creamed Potatoes Pasta Twists	Chips Rice	Roast Potatoes Creamed Potatoes	Boiled Potatoes Creamed Potatoes	Creamed Potatoes Parsley Potatoes
Sweetcorn Carrots	Baked Beans Peas	Green Beans Carrots	Cauliflower Broccoli	Baked Beans Sweetcorn
Chocolate Cracknell with Custard Yoghurt	Ginger Sponge with Custard Yoghurt	Muffin Apple Cuplet Yoghurt	Chocolate Crunch with Custard Yoghurt	Banana Loaf With Custard Yoghurt
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection



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Week 4



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